



Processed Fruit Snacks Survey 2020

Data table sorted by highest sugars (g) per 100g

Product information was collected instore

Colour coding based on current front of pack colour-coded nutrition labelling criteria

Sugars - Red >22.5g/100g, Amber >5.1≤22.5g/100g, Green ≤5g/100g

*Serving size as stated on product packaging

Product Name & Pack Size	Sugars (g) per 100g	Sugars (g) per serving	Teaspoons of sugar per serving*
Kiddylicious Apple Fruit Wriggles 12g	70.0	8.3	2.1
Kiddylicious Strawberry Fruit Wriggles 4 x 12g	69.0	8.3	2.1
Kiddylicious Banana, Mango & Passion Fruit Smoothie Melts 6g	69.0	4.1	1.0
Kiddylicious Strawberry & Banana Smoothie Melts 6g	67.0	4.0	1.0
Fruit Bowl Juicy Yogurt Raisins 5 x 25g	66.0	16.0	4.0
Organix Blackcurrant & Apple Stars 12g	65.0	7.7	1.9
Organix Raspberry & Apple Moos 12g	64.0	7.7	1.9
Organix Strawberry & Apple Gummies 12g	64.0	7.6	1.9
Asda Yogurt Coated Cranberries 150g	63.0	19.0	4.8
Sun Maid Strawberry Sour Raisin Snacks 7 x 20g	63.0	13.0	3.3
Sun Maid Watermelon Sour Raisin Snacks 7 x 20g	63.0	13.0	3.3
Asda Yogurt Coated Strawberry Fruit Bits Snack Bags 5 x 25g	62.0	15.0	3.8
Fruit Bowl Raspberry Yogurt Flakes 5 x 18g	62.0	13.0	3.3
Fruit Bowl Blackcurrant Yogurt Flakes 5 x 21g	62.0	13.0	3.3
Fruit Bowl Strawberry Yogurt Flakes 5 x 21g	62.0	13.0	3.3
Tesco 5 Strawberry Bites with a Yogurt Flavoured Coating 5 x 25g	61.9	15.5	3.9
The Fruit Factory Strawberry, Apple, Orange Fruit Stars 5 x 20g	61.8	12.4	3.1
Tesco 5 Apple & Sultana Bars 5 x 30g	61.2	18.4	4.6
Whitworths Sunny Dunked Yogurt Coated Raisins 5 x 25g	61.2	15.3	3.8
Tesco 5 Strawberry & Banana Bars 5 x 30g	60.0	18.0	4.5
Tesco 5 Mango & Banana Bars 5 x 30g	59.6	17.9	4.5
Urban Fruit Gently baked Raspberries 90g	58.0	Not available	Not available
Urban Fruit Gently Baked Strawberries 35g	58.0	20.0	5.0
Fruit Bowl Strawberry Flakes 5 x 18g	58.0	10.0	2.5
Organix Chunky Banana & Date Fruit Bars 6 x 17g	58.0	9.8	2.5
Fruit Bowl Raspberry Peelers 5 x 16g	58.0	9.3	2.3
Fruit Bowl Strawberry Peelers 5 x 16g	58.0	9.3	2.3
Humzingers Raspberry Kids Fruit Sticks 10 x 13g	52.7	6.9	1.7
Humzingers Strawberry Kids Fruit Sticks 10 x 13g	52.7	6.9	1.7
Whitworths Sunny Fruit Mix-Ups 6 x 18g	51.8	9.3	2.3
The Fruit Factory Strawberry Fruit Strings 5 x 20g	48.2	9.6	2.4
The Fruit Factory Strawberry, Apple, Orange Fruit Strings 5 x 20g	47.2	9.4	2.4
Organix Chunky Apple & Date Fruit Bars 6 x 17g	46.0	7.7	1.9
Bear Apple and Blackcurrant Giant Yo Yo 5 x 20g	42.0	8.4	2.1
Bear Strawberry & Mango Giant Yo Yo 5 x 20g	42.0	8.4	2.1
Bear Blackcurrant & Apple Super Sour Yo Yos 5 x 20g	42.0	8.4	2.1
Bear Mango & Apple Super Sour Yo Yos 5 x 20g	42.0	8.4	2.1
Bear Super Sour Yo Yos 5 x 20g	42.0	8.4	2.1
Bear Strawberry & Apple Yo Yos Apple 5 x 20g	42.0	8.4	2.1
Bear Blackcurrant Yo Yos 5 x 20g	42.0	8.4	2.1
Bear Mango Yo Yos 5 x 20g	42.0	8.4	2.1
Bear Pineapple Yo Yos 20g	42.0	8.4	2.1
Bear Raspberry Yo Yos 5 x 20g	42.0	8.4	2.1
Bear Strawberry Yo Yos 5 x 20g	42.0	8.4	2.1
Bear Apple & Blackcurrant Paws 5 x 20g	38.0	7.6	1.9
Bear Strawberry & Apple Paws 5 x 20g	38.0	7.6	1.9
Bear Raspberry & Blueberry Paws 5 x 20g	37.8	7.6	1.9
Kellogg's Apple & Strawberry Fruit Winders Doubles 6 x 17g	37.0	6.3	1.6
Kellogg's Strawberry & Blackcurrant Fruit Winders Doubles 6 x 17g	37.0	6.3	1.6
Kellogg's Strawberry Fruit Winders 6 x 17g	37.0	6.3	1.6
Fruit Bowl Raspberry School Bars 5 x 20g	35.0	7.0	1.8
Fruit Bowl Strawberry School Bars 5 x 20g	35.0	7.0	1.8
Bear Apple & Pumpkin Paws 20g	34.0	8.0	2.0
Bear Mango & Carrot Paws 5 x 20g	34.0	8.0	2.0
Bear Blackcurrant & Beetroot 100% fruit & veg Bites 5 x 18g	34.0	6.1	1.5
Bear Strawberry & Butternut Squash Bites 5 x 18g	34.0	6.1	1.5